

Healthy Food, Healthy Communities

A Green The Block guide to help you make healthy food choices and educate your friends and family on how to become healthier communities. Check it out to discover what's available in your city and what an impact your food choices can make on our future!

Books

- *Food Rules* by Michael Pollan
- *Omnivore's Dilemma* by Michael Pollan
- *In Defense of Food* by Michael Pollan
- *Fast Food Nation* by Eric Schlosser
- *Food Matters* by Mark Bittman
- *Slow Food Nation* by Carlo Petrini
- *Fatal Harvest: The Tragedy of Industrial Agriculture* by Andrew Kimbrell
- *Ecoagriculture* by Jeffery McNeely and Sara Scherr
- *Why Grassfed is Best* by Jo Robinson
- *Eating in the Dark* by Kathleen Hart
- *How Cows Turned Mad* by Maxime Schwartz
- *Lords of the Harvest* by Dan Charles
- *The Pathological Protein* by Philip Yam
- *Food For All: The need for a new Agriculture* by John Madeley

Movies

- King Corn
<http://www.imdb.com/title/tt1112115/>
- The Garden
<http://www.imdb.com/title/tt1252486/>
- Film Series on Food from Media that Matters
<http://www.mediathatmattersfest.org/watch/goodfood/>
- Food, Inc.
by Robert Kenner

booking@magpictures.com (to get the movie played at an event)
publicity@magpictures.com (to get them to help host and sponsor events)
phone: 212/924.6701
<http://www.foodincmovie.com/>

- Good Food
by Arts Engine Inc.
A collection of 16 short films on food and sustainability.
- What's Organic about Organic
by Shelley Rogers
phone: 423/552.4066
- Fresh
by Ana Sofia Joanes
e-mail: jamie@freshthemovie.com
- We Feed The World
by Eren Wagenhofer
e-mail: office@allegrofilm.at

News Sites & Blogs

- <http://civileats.com/>
- <http://food.change.org/>
- <http://www.grist.org/kingdom/food>
- http://www.treehugger.com/food_health/?campaign=th_nav_food

Healthy Food Guides and Tips on Eating Green

- Urban sustainability
<http://civileats.com/2010/06/18/kijiji-grows-aquaponics-for-urban-sustainability/>
- Top 12 foods with most pesticides
<http://www.thedailygreen.com/healthy-eating/eat-safe/Dirty-Dozen-Foods>
- Pesticides
<http://www.foodnews.org/>
- Guide to organic vs. pesticides
http://helpguide.org/life/organic_foods_pesticides_gmo.htm

- Track food miles
<http://www.organiclinker.com/food-miles.cfm>
- Guide to food labels
<http://planetgreen.discovery.com/food-health/understanding-food-labels.html>
- What "buying local" means and why it is important
<http://www.sustainabletable.org/issues/eatlocal/>
- Guide to food labels
<http://www.thedailygreen.com/healthy-eating/Food-Label-Decoder-451003>

Farmers Markets

- Guide to farms, farmers markets, and CSAs all over country
<http://www.localharvest.org/>
- Food stamps at farmers markets
<http://www.worldchanging.com/archives/007791.html>

Organizations

- Community Food Security Coalition (National) Portland, OR
- Slow Food USA
- Growing Power
- Detroit Black Community Food Security Network
- Food Security
- Fair Food Project
- Food and Water Watch
- Real Food Challenge
- Sustainable South Bronx
- Food for All
- Mo Better Foods
- Peoples Grocery